

SF Community



Week of January 04, 2011

NEWS

Hello Families!
Happy New Year! I hope that you enjoyed a restful and peaceful vacation. We are delighted to see your children again!

VERY IMPORTANT: Applications for the 2011-2012 school year for incoming kindergarten students or students of any grade are due to Ivy by February 16th. They are due downtown on February 18th. If your child is a sibling, you must get your application in on time to qualify for sibling privilege of getting into the same school as your older child. If you miss the deadline, your child will be in the application pool with all of the other regular incoming K students. Please let us know if we can help you fill out the application—we would be happy to help!

San Francisco Organizing Project (SFOP) is holding an Education Conference at SFC this Saturday, January 8th. Parents from across the city are expected to attend. Please join us. If you are interested in learning more, please contact Sofia.

STRONG COMMUNITY

Monday Jan 17th
MLK DAY
No School

Thursday Jan 20th
SCHOOL SITE COUNCIL
6:00-7:30pm in room 205
Dinner and Childcare provided

STRONG INDIVIDUALS

We support our students to be strong individuals through the following classroom activities:

K/1st: We are thrilled to welcome Danielle Redd to the K/1 team. She just moved to San Francisco from Indiana where she taught kindergarten and second grades. Please introduce yourself to her when you see her. She will be here this week preparing and will begin teaching as soon as the district paperwork is settled. She is so excited to be a part of our school.

STRONG MINDS AND HEARTS

We celebrate the following students and parents for practicing Virtues and Powerful Ways of Thinking:

Here is a celebration of COMMUNITY for the many families and students who participated in the Home Cooked Lunch and Project Open House before winter break. They were both great community events—thank you!

Please fill out this slip and return it to school with your child to give to their teacher.

I've received the weekly (1/04/11) newsletter for my child, _____.
(YOUR CHILD'S NAME)

PRINT YOUR NAME

SIGNATURE

DATE

SF Community



Semana de 4 de enero de 2011

NOTICIAS

¡Saludos familias!
¡Feliz Año! Espero que gozaron las vacaciones relajantes y tranquilas. ¡Estamos encantados a ver a sus hijos de nuevo!

MUY IMPORTANTE: Hay que entregar las solicitudes para el año escolar 2011-2012 para los estudiantes entrando al kinder ó cualquier grado a Ivy no mas tardar que el 16 de febrero. La fecha límite para entregarlas al distrito escolar es el 18 de febrero. Si su hijo/hija es hermano/hermana de un alumno actual, hay que entregar la solicitud antes de esta fecha para calificar para el privilegio de asegurarse un puesto en la misma escuela que su hijo mayor. Si pierde esta fecha, su hijo menor estará en el grupo general de solicitantes con todos los estudiantes entrando al kinder. Por favor déjenos saber si podemos ayudar con llenar la solicitud - ¡nos gustaría ayudar!

La organización San Francisco Organizing Project (SFOP por su sigla en inglés) va a tener una conferencia sobre la educación este sábado, 8 de enero, en la escuela SFC. Familias de toda la ciudad van a asistir. Júntese, por favor. Si esté interesado en saber mas, por favor comuníquese con Sofia.

COMUNIDAD FUERTE

Lunes, 17 de enero
Día de MLK
NO HAY ESCUELA

Jueves, 20 de enero
CONCILIO DEL SITIO
ESCOLAR (SSC)
6:00-7:30pm en salon 205
Con comida & cuidado de

INDIVIDUOS FUERTES

Apoyamos a los estudiantes a ser individuos fuertes a través de estas actividades:

K/1: Estamos encantados a dar la bienvenida a Danielle Redd, que está juntándose al equipo K/1. Acaba de llegar a San Francisco de Indiana donde enseñaba kinder y el segundo grado. Por favor presentarse cuando la vea. Va a estar esta semana preparándose y va a empezar a enseñar cuando se cumpla el papeleo del distrito. Ella está muy emocionada de estar parte de nuestra escuela.

MENTES Y CORAZONES FUERTES

Celebramos a los estudiantes siguientes para practicar las Virtudes y Maneras Poderosas de Pensar:

Esta es una celebración de COMUNIDAD para las familias y los estudiantes que participaron en el almuerzo caliente y la Casa Abierta de Proyectos antes de las vacaciones de invierno. Los dos fueron eventos comunitarios fantásticos - ¡Gracias!

Favor de firmar y devolver este parte a la escuela con su hijo para entregar al maestro.

He recibido el noticiero semanal (4 de enero de 2011) para mi hijo, _____.
(nombre de su hijo)

Su nombre con letra de imprenta

Firma

Fecha




January 2011

SAN FRANCISCO UNIFIED SCHOOL DISTRICT



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K-6 TRADITIONAL (LN)

Monday	Tuesday	Wednesday	Thursday	Friday	Weekly Nutrient Averages
<p>3</p> <p>CHICKEN NUGGETS WHOLE GRAIN W/SWEET POTATOES</p> <p>Fresh Apple Cheddar Goldfish Crackers</p> <p>**MACARONI & CHEESE W/MIXED VEGGIES</p>	<p>4</p> <p>CHEESEBURGER W/BAKED BEANS</p> <p>Fresh Orange Wedges Wheat Hamburger Bun</p> <p>**MINI CHEESE RAVIOLI W/RAGU SAUCE</p>	<p>5</p> <p>CREAMY MACARONI AND CHEESE</p> <p>Baby Carrots Fresh Banana Healthy Bread Basket</p>	<p>6</p> <p>BEEF DIPPERS W/RICE & VEGETABLES</p> <p>Peach Cup Healthy Bread Basket</p> <p>**BEAN & CHEESE BURRITO</p>	<p>7</p> <p>BEEF SAUSAGE PIZZA (WHOLE WHEAT CRUST)</p> <p>Fresh Broccoli Florets Fresh Pear</p> <p>**CHEESE LASAGNA W/RAGU SAUCE</p>	<p>Calories 708.2 Protein 32.0 Calcium (mg) 478.8 Iron (mg) 4.3 Vita A (RE) 729.6 Vita C (g) 14.4 Saturated Fat 9.5% Total Fat 31.1%</p>
<p>10</p> <p>ORANGE CHICKEN W/RICE & VEGETABLES</p> <p>Fresh Grapes Healthy Bread Basket</p> <p>**HOMESTYLE VEGETARIAN CHILI</p>	<p>11</p> <p>GRILLED CHICKEN PATTY W/GREEN BEANS</p> <p>Fresh Orange Wedges Wheat Hamburger Bun</p> <p>**BREADED VEGGIE NUGGETS</p>	<p>12</p> <p>TURKEY PEPPERONI PIZZA (WHOLE WHEAT CRUST)</p> <p>Baby Carrots Fresh Banana</p> <p>**LOW FAT TOASTED CHEESE ON WHEAT BREAD</p>	<p>13</p> <p>BEAN & CHEESE BURRITO</p> <p>Broccoli Applesauce Cup Apple Cinnamon Multigrain Crisps</p>	<p>14</p> <p>CHEESE LASAGNA W/RAGU SAUCE</p> <p>Romaine Salad Fresh Pear Healthy Bread Basket</p>	<p>Calories 711.3 Protein 33.1 Calcium (mg) 561.7 Iron (mg) 4.7 Vita A (RE) 696.0 Vita C (g) 35.5 Saturated Fat 9.9% Total Fat 26.8%</p>
<p>17</p> <p>Martin Luther King Jr. Observed</p>	<p>18</p> <p>CHICKEN NUGGETS WHOLE GRAIN W/DICED CARROTS</p> <p>Fresh Apple</p> <p>**MACARONI & CHEESE W/MIXED VEGGIES</p>	<p>19</p> <p>CHEESEBURGER W/BAKED BEANS</p> <p>Fresh Orange Wedges Wheat Hamburger Bun</p> <p>**MINI CHEESE RAVIOLI W/RAGU SAUCE</p>	<p>20</p> <p>SPAGHETTI (WHOLE WHEAT) W/ MEAT SAUCE</p> <p>Baby Carrots Peach Cup Soft Breadstick</p> <p>**BEAN & CHEESE BURRITO</p>	<p>21</p> <p>FRENCH BREAD CHEESE PIZZA</p> <p>Romaine Salad Fresh Pear Apple Cinnamon Multigrain Crisps</p>	<p>Calories 712.4 Protein 33.5 Calcium (mg) 556.5 Iron (mg) 5.4 Vita A (RE) 431.5 Vita C (g) 46.5 Saturated Fat 5.7% Total Fat 21.3%</p>
<p>24</p> <p>ITALIAN CHICKEN PARMESAN (WHOLE GRAIN)</p> <p>Baby Carrots Fresh Grapes Soft Breadstick</p> <p>**CHEESE LASAGNA W/RAGU SAUCE</p>	<p>25</p> <p>TURKEY HOT DOG W/BAKED BEANS</p> <p>Fresh Orange Wedges Wheat Hot Dog Bun</p> <p>**HOMESTYLE VEGETARIAN CHILI</p>	<p>26</p> <p>CHEESE PIZZA PIZZA (WHOLE GRAIN CRUST)</p> <p>Celery Sticks Fresh Banana</p>	<p>27</p> <p>CREAMY CHICKEN BOW TIE PASTA</p> <p>Baby Carrots Applesauce Cup Healthy Bread Basket</p> <p>**BREADED VEGGIE NUGGETS</p>	<p>28</p> <p>TURKEY HAM & CHEESE ON WHEAT BREAD</p> <p>Fresh Broccoli Florets Fresh Pear Oats & Honey Goldfish</p> <p>**LOW FAT TOASTED CHEESE ON WHEAT BREAD</p>	<p>Calories 680.9 Protein 31.0 Calcium (mg) 507.1 Iron (mg) 4.4 Vita A (RE) 547.7 Vita C (g) 34.0 Saturated Fat 8.9% Total Fat 28.9%</p>
<p>31</p> <p>ROTINI PASTA BAKE (WHOLE WHEAT)</p> <p>Baby Carrots Fresh Apple Soft Breadstick</p> <p>**MACARONI & CHEESE W/MIXED VEGGIES</p>			<p>Healthier U.S. School Challenge</p>  <p>GOLD</p>		<p>Calories 674.2 Protein 31.7 Calcium (mg) 550.9 Iron (mg) 4.4 Vita A (RE) 443.4 Vita C (g) 39.0 Saturated Fat 10.3% Total Fat 30.1%</p>

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

**MENU SUBJECT TO CHANGE

MealpayPlus.com

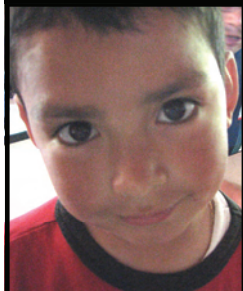
Prepay for meals online! View what your Child is eating!
MealpayPlus.com or over the phone (866) 438-7842.

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SFUSD SAN FRANCISCO PUBLIC SCHOOLS

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Follow the Money

SFOP's 2011 Education Convention

Did you know:

SFUSD spends more on administration:

- \$462 per student in SF compared to a state average of \$387 per student

SFUSD spends less on TEACHING:

- \$4,763 in SF compared to a state average of \$5,685 *

**Join SFOP leaders and experts in education
as we build our Vision for an Ideal School and
Build our strategy to ensure Quality Education for
ALL students in San Francisco**

Saturday, January 8th

11am—2pm

**San Francisco Community School
(125 Excelsior Avenue at London Street)**

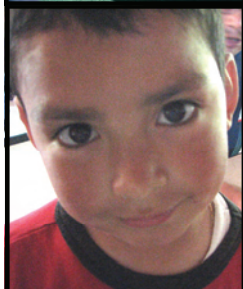
Lunch provided; childcare available with advance registration

WE NEED YOUR HELP:

If you would like to help promote and organize this event, please call **Andrea Marta at 415.699.9259**

* Source: California Ed-Data website, General Fund Expenditures by Activity, 2008-09.

SFOP is a federation of over 40 schools and congregations in 17 neighborhoods across San Francisco, representing over 40,000 families. SFOP parent, youth, and community leaders have partnered with both the District and city to increase afterschool activities, address safety near school campuses, write and implement the Small School by Design Policy that has resulted in 5 small schools, and most recently worked to get the City's Rainy Day Funds released to save our teachers' jobs. Our member schools include Sanchez Elementary School, June Jordan School for Equity, San Francisco Community School, and San Francisco International High School.



Siga la pista del dinero

Congreso sobre Educación del SFOP 2011

¿Sabía usted qué?

El SFUSD gasta más en administración:
\$462 por estudiante en San Francisco comparado a
\$387 como media por estudiante en el estado de
California

El SFUSD gasta menos en ENSEÑANZA:
\$4,763 en San Francisco comparado a \$5,685 como
media en el estado de California

Únase a los líderes del SFOP y a los expertos en
educación
mientras creamos nuestra Visión de una Escuela
Ideal y nuestra estrategia para asegurar una
Educación de Calidad para TODOS los estudian-
tes en San Francisco

Sábado, 8 de enero
11 a.m.—2 p.m.

San Francisco Community School
(125 Excelsior Avenue y London Street)

*Se proporcionará el almuerzo; el cuidado de niños estará dispo-
nible con una inscripción anticipada*